



BALL TOGETHER NOW TOURNAMENT RULES

Ethos

This is a mixed ability, friendly tournament so please be kind to your opposition and play in the right spirit.. Football is for everyone regardless of your gender, sexuality, faith, race, ethnicity or age. If you've never played before then don't worry - there'll be lots of friendly faces to help you with any questions!

Pitch

Matches will be played on 7 a side grass pitches.

Matches

Matches will be 20 minutes long with no half time break. Matches will be forfeited if a team is more than 10 minutes late to the pitch and a 3-0 victory will be awarded to the opposition.

Timings

Teams to arrive by 9am on Saturday 8th July. There is no set time on the Sunday, please arrive in good time for your first game.

Teams

Teams are 7 a side with a maximum of 12 players allowed in each squad. Each team will be given 12 wristbands at the start of the tournament which must be worn by players for the full weekend.

Captains

Each team will have a captain. They must attend the briefing at 9:15 on the Saturday and are responsible for ensuring the correct scores and scorers are logged.

Substitutions

Teams may perform an unlimited number of substitutions during the game and must inform the referee when changes are being made. Substitutions can only be made while the ball is out of play. Substitutions are rolling so a player who has left the pitch can be substituted back on in the same game.

If a team has too many players on the pitch this will result in a free kick to the opposition.



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Player Kit

Players must wear the same colour shirts and goalkeepers in a different colour to outfielders. In the case of a kit clash bibs will be provided. Shin pads must be worn.

Offside

There will be no offsides in the tournament

Slide Tackling

Slide tackling is allowed

Fouls

Any fouls will be punished by a direct free kick. Opposing players must be 10 yards away from the ball when a free kick is taken.

Penalty area

Any player is allowed into the penalty area. Any offence (foul, handball) will result in a penalty kick being awarded to the attacking team.

Goalkeepers

Goalkeepers are allowed out of their penalty boxes but cannot touch the ball with their hands outside the area. A goalkeeper cannot use their hands if the ball has been deliberately kicked to them by their own team member. The same rule applies to throw ins. If a goalkeeper picks the ball up from a deliberate back pass an indirect free kick (the ball cannot be directly shot into the goal without another player touching it) will be awarded.

Goal Kicks / Corners

When the ball crosses the back line either a goal kick or corner will be awarded. Goal kicks are awarded when the attacking team touches the ball last before it crosses the line. Goal kicks will be taken from the ground inside the box.

A corner is awarded when the defending team touches the ball last before it crosses the line. This will be taken from the quadrant in the corner of the pitch.



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Throw Ins

If the ball goes off the side of the pitch a throw in is awarded to the opposite team to the player that touched it last (e.g. if Team A touched it last then Team B is awarded a throw in). Throw ins must be taken over the head and with both feet on the ground. A goal cannot be scored directly from a throw in.

[Learn the Rules of a Soccer Throw In | Football](#)

Referees

Each match will have a referee allocated. Referees are there to call fouls, breaks in play and be a mediator. Please respect the referee as their decision is final.

Red / Yellow cards

Yellow cards will result in a 3 minute sin bin. Red cards will result in a 1 match ban.

Group stage

Points will be used to rank teams in the group stage. There will be 3 points for a win, 1 point for a draw and 0 for a defeat.

If teams finish level on points the rankings will be decided as follows:

- Goal difference
- Goals scored
- Penalty shootout (3 kicks)

Knockout stage

All teams will play the same number of games regardless of if they finish first or last. If a knockout stage game ends in a draw then the result will be decided on penalties (3 kicks per team).

Any further questions please email: balltogethernow@gmail.com